# Bridging the Digital Divide in Mental Health Care

Empowering Recovery and Enhancing Security through Technology Access

### Technology Gaps in State Hospitals

- State hospitals are national security dead zones due to restrictive tech policies.
- Lack of personalized technology negatively impacts mental health recovery.
- Limited data availability hinders proactive risk assessment and management.
- Overly cautious policies create isolation and hinder therapeutic progress.



## Cognitive Computing and Public Safety

- Federal cognitive computers aggregate extensive data profiles.
- Bayesian probability algorithms analyze behavioral risks and patterns.
- Continuous, real-time data enhances predictive modeling of behavior.
- Complete technological integration enables safer outcomes inside and outside hospitals.



#### Enhancing Recovery through Digital Connectivity

- Reduces feelings of isolation and loneliness.
- Supports communication with support networks and healthcare providers.
- Provides access to therapeutic resources and self-management tools.
- Empowers individuals through increased autonomy and control over their recovery journey.
- Facilitates structured routines and mental health tracking for proactive intervention.



#### Advocating for Individualized Technology Access

- Default policy: full, personalized device access for patients.
- Reasonable restrictions based solely on individual assessments.
- Technology policies supporting mental health and proactive risk management.
- Balancing patient autonomy with institutional safety and public security.
- Policy shift to address both patient wellness and national security interests.



# Moving Forward: Embracing Digital Equity in Mental Health

- Adopt policies prioritizing individualized technology access.
- Recognize the critical role of technology in patient recovery and public safety.
- Foster collaboration between healthcare, technology, and security sectors.

 Promote digital equity to enhance mental health outcomes and societal well-being.



Let's bridge the digital divide—support recovery, ensure security, and empower individuals.